

## Texas Influenza Surveillance Report 2019-2020 Season/2019 MMWR Week 45

(November 3, 2019 – November 9, 2019)  
Report produced on 11/15/2019

### Summary

Influenza activity is increasing and has exceeded the Texas-specific ILI baseline for the first time this season. The percentage of patient visits due to influenza-like illness (ILI) has increased. One influenza-associated pediatric death was reported. One influenza-associated institutional outbreak was reported.

\* Due to technical issues with the National Respiratory and Enteric Virus Surveillance System (NREVSS) reporting platform, clinical laboratory data are not available for week 45. This affects data for Table 1, Table 2, Table 4, and Figure 1. An update to previous weeks is included in Table 2. Reporting of this data will resume once the technical issues have been resolved.

Table 1: Summary of Texas Influenza (Flu) and Influenza-like Illness (ILI) Activity for the Current Week

Texas Surveillance Component	Change from Previous Week	Current Week	Previous Week <sup>†</sup>	Page of Report
Statewide influenza activity level reported to CDC (geographic spread of influenza)	Increase	Regional	Local	--
Statewide ILINet Activity Indicator assigned by CDC (intensity of influenza-like illness)	Increase	Moderate	Low	--
Percentage of specimens positive for influenza by hospital laboratories <sup>*</sup>	-	-	5.32%	1
Percentage of visits due to ILI (ILINet)	▲ 1.17%	4.91%	3.74%	4
Number of regions reporting increased flu/ILI activity	▲ 2	7	5	5
Number of regions reporting decreased flu/ILI activity	No change	1	1	5
Number of variant/novel influenza infections	No cases reported	0	0	5
Number of ILI/influenza outbreaks	No change	1	1	5
Number of pediatric influenza deaths	▲ 1	1	0	6

### Laboratory Results

#### Influenza

Hospital laboratories across Texas voluntarily report influenza tests (antigen, culture, and PCR) to the National Respiratory and Enteric Virus Surveillance System (NREVSS). Providers throughout Texas also submit specimens for influenza testing (PCR) to Texas public health laboratories, including the Texas Department of State Health Services (DSHS) state laboratory in Austin and the nine Texas Laboratory Response Network (LRN) laboratories. The results reported by Texas NREVSS participants and public health laboratories for the current week are summarized in the two tables below. Additional influenza test results (rapid tests, culture, PCR) and ILI activity were reported from providers and public health departments throughout the state (see county map at the end of this report).

\* Table 2: Influenza Testing Performed by Texas Hospital Laboratories for the Current Week

	Week 45	Season to Date Week Ending: Nov. 9, 2019
Number of labs reporting flu tests	-	
Number of specimens tested	-	11555
Number of positive specimens (%) <sup>†</sup>	-	396 (3.43%)
Percentage of total tests that were antigen detection tests	-	
<b>Positive specimens by type/subtype [n (%)]</b>		
<b>Influenza A</b>	-	<b>176 (44.44%)</b>
Subtyping performed	-	17 (9.66%)
A (H1N1)	-	13 (76.47%)
A (H3N2)	-	4 (23.53%)
Subtyping not performed	-	159 (90.34%)
<b>Influenza B</b>	-	<b>220 (55.56%)</b>

<sup>†</sup>Laboratory data in 2016-2017 and 2017-2018 season reports may not be comparable to reports from seasons prior to 2016-2017 because the data only includes hospital laboratories data for the current season.

\* Figure 1: Number and Percentage of Tests (Antigen, Culture, PCR) Positive for Influenza by Type and Subtype Reported by Texas Hospital Laboratories, 2019-2020 Season

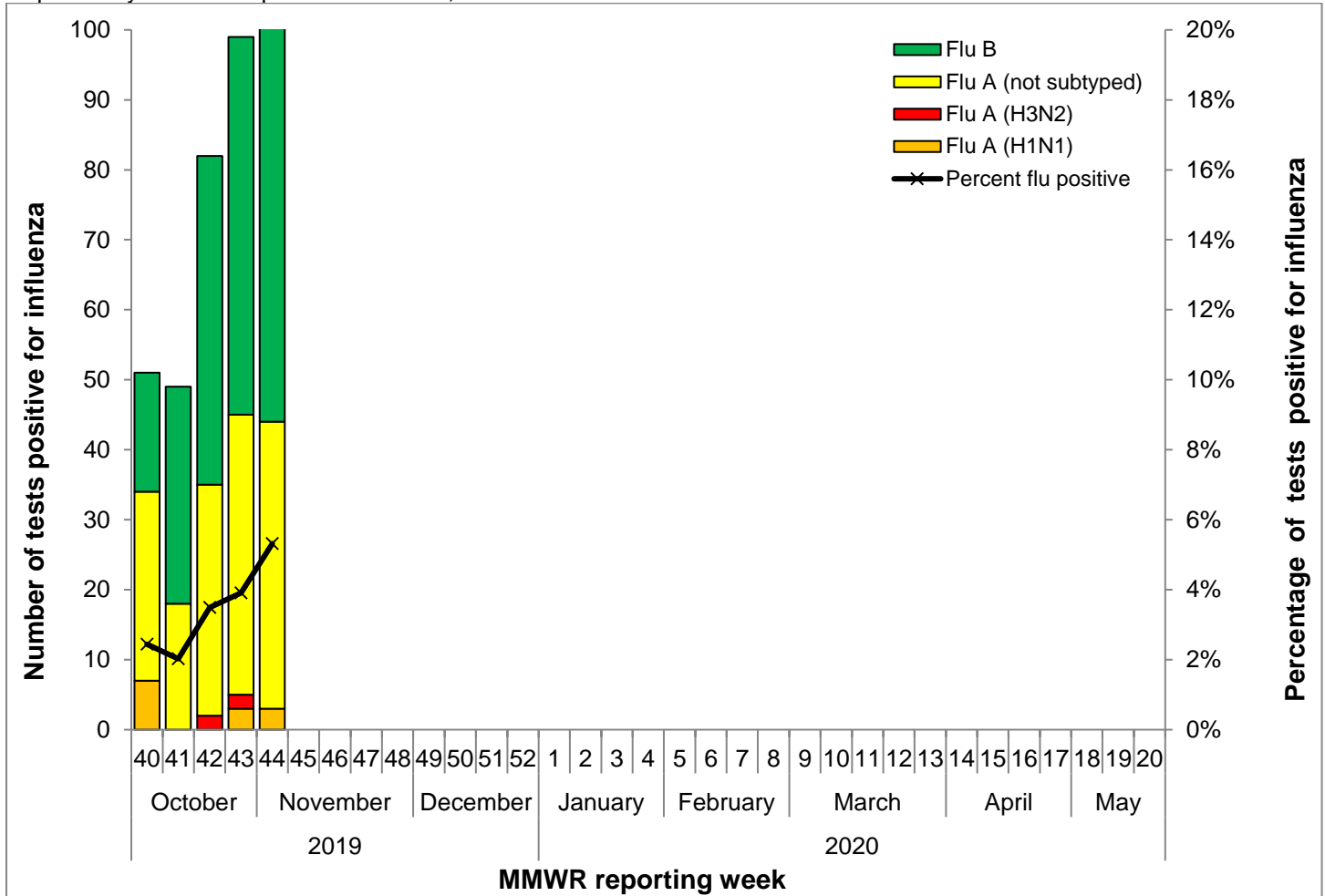


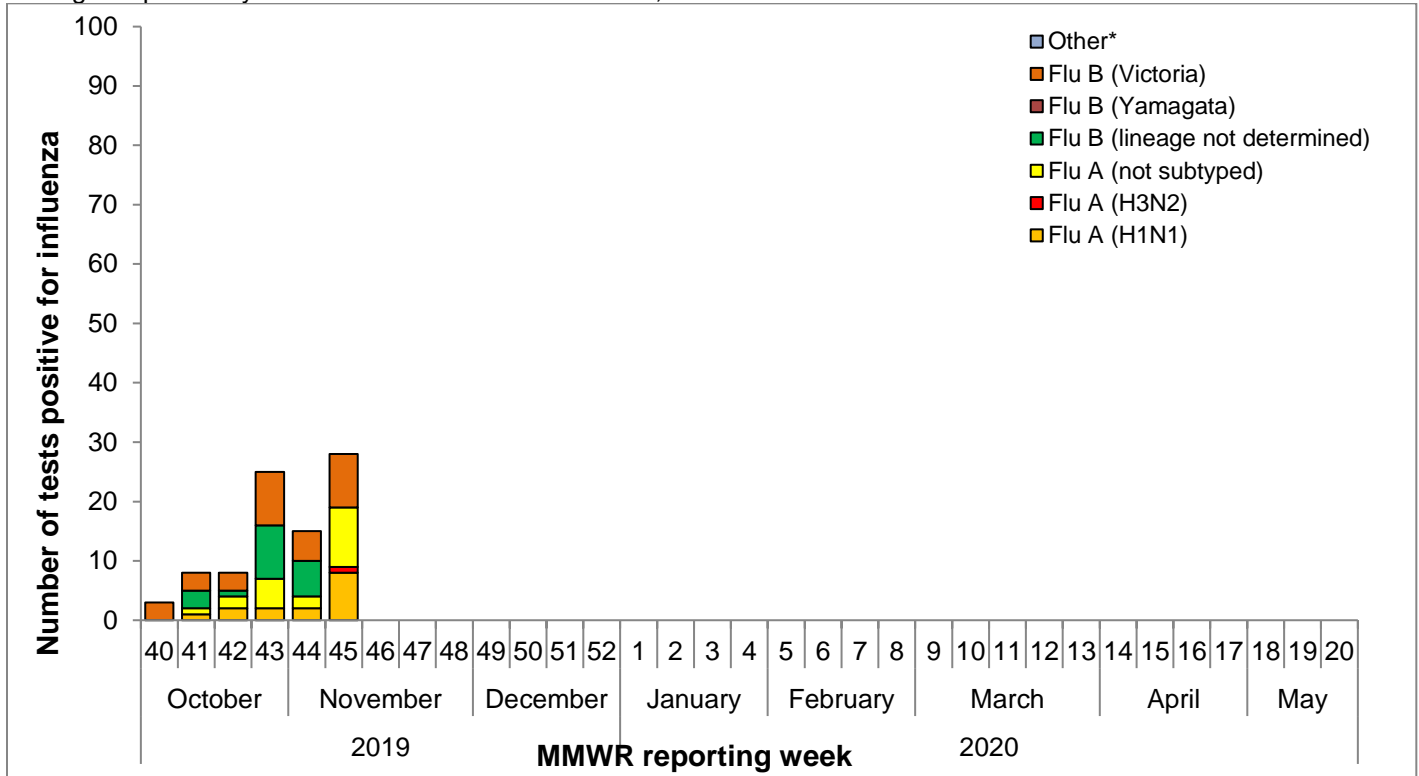
Table 3: Influenza Testing Performed by Texas Public Health Laboratories for the Current Week

	Week 45	Season to Date Week Ending: Nov. 9, 2019
Number of labs reporting flu tests	6	
Number of specimens tested	49	233
Number of positive specimens (%) <sup>†</sup>	19 (38.78%)	71 (30.47%)
<b>Positive specimens by type/subtype/lineage [n (%)]</b>		
<b>Influenza A</b>	<b>10 (52.63%)</b>	<b>20 (28.17%)</b>
Subtyping performed	9 (90.00%)	19 (95.00%)
A (H1N1)	8 (88.89%)	15 (78.95%)
A (H3N2)	1 (11.11%)	4 (21.05%)
Subtyping not performed	1 (10.00%)	1 (5.00%)
<b>Influenza B</b>	<b>9 (47.37%)</b>	<b>51 (71.83%)</b>
Lineage testing performed	9 (100.00%)	32 (62.75%)
B/Victoria	9 (100.00%)	32 (100.00%)
B/Yamagata	0 (0.00%)	0 (0.00%)
Lineage testing not performed	0 (0.00%)	19 (37.25%)
<b>Other</b>	<b>0 (0.00%)</b>	<b>0 (0.00%)</b>

<sup>†</sup>Laboratory data in 2016-2017 and 2017-2018 season reports may not be comparable to reports from seasons previous to 2016-2017 because the data only includes hospital laboratories data for the current season

\*Other denotes specimens with coinfections (i.e. one specimen was positive for both influenza A (H1N1) and influenza A (H3N2))

Figure 2: Number and Percentage of Tests (Antigen, Culture, PCR) Positive for Influenza by Type, Subtype, and Lineage Reported by Texas Public Health Laboratories, 2019-2020 Season



\*Other denotes specimens with coinfections (i.e. one specimen was positive for both influenza A (H1N1) and influenza A (H3N2))

**Other Respiratory Viruses**

The NREVSS system collects information on a variety of respiratory viruses in addition to influenza including parainfluenza virus, respiratory syncytial virus (RSV), rhinovirus, human metapneumovirus (HMPV), seasonal coronavirus, and respiratory adenovirus. The results for the current week are summarized below.

\* Table 4: Non-Influenza Respiratory Virus Testing Performed by Texas NREVSS Laboratories for the Current Week

Virus	Number of Laboratories Testing	Tests Performed	Positive Tests	Percentage of Tests Positive
Adenovirus (respiratory)	-	-	-	-
HMPV	-	-	-	-
Parainfluenza virus	-	-	-	-
Rhino/enterovirus	-	-	-	-
RSV†^	-	-	-	-
Seasonal coronavirus (does not include MERS-CoV)	-	-	-	-

†RSV tests displayed in the table are a combination of antigen detection, PCR, and culture tests. Some non-NREVSS reporters also contribute to the RSV data.

^Numbers and percentage may differ from the weekly RSV report. The weekly RSV report may be accessed at <https://www.dshs.state.tx.us/RSV/disease/rsv-Data.aspx>.

**Antigenic Characterization**

No antigenic characterization data for Texas specimens are available at this time. The DSHS Laboratory sends a representative sample of influenza viruses to the CDC throughout the flu season.

**Antiviral Resistance**

No antiviral resistance testing data for Texas specimens are available at this time.

## U.S. Outpatient Influenza-like Illness Surveillance Network (ILINet)

Table 6: Texas ILINet Reporting and Patient Visit Summary for the Current Week

Week 45	
Number of providers reporting <sup>†</sup>	97
Number of providers reporting patient visits	97
Number (%) of providers with at least one ILI case	90 (92.78%)
Percentage of all visits due to ILI	4.91%
Texas ILINet baseline <sup>‡</sup> , 2019-2020	4.76%

<sup>†</sup>Reporting providers include both ILINet and RVSP providers.

<sup>‡</sup>The baseline is the mean percentage of patient visits for ILI during non-influenza weeks for the previous three seasons plus two standard deviations. A “non-influenza week” is defined as a week that accounted for less than 2% of the season’s total number of specimens that tested positive for influenza

Table 7: Percentage of Visits for Influenza-like Illness Reported by Texas ILINet Providers (as of 11/14/2019 12:20 PM)

Week	Providers Reporting	Number of ILI Cases by Age Group (Years)					Total ILI (all ages)	Total Patients	ILI
		0-4	5-24	25-49	50-64	65+			
201940	111	156	247	149	60	23	635	28346	2.24%
201941	114	213	306	149	53	30	751	28728	2.61%
201942	115	162	327	191	49	25	754	28717	2.63%
201943	113	218	421	225	51	48	963	29100	3.31%
201944	108	209	473	240	89	31	1042	27892	3.74%
201945	97	298	631	321	87	38	1375	28030	4.91%

Figure 3: Percentage of Visits Due to Influenza-like Illness Reported by Texas ILINet Participants, 2019-2020 Season

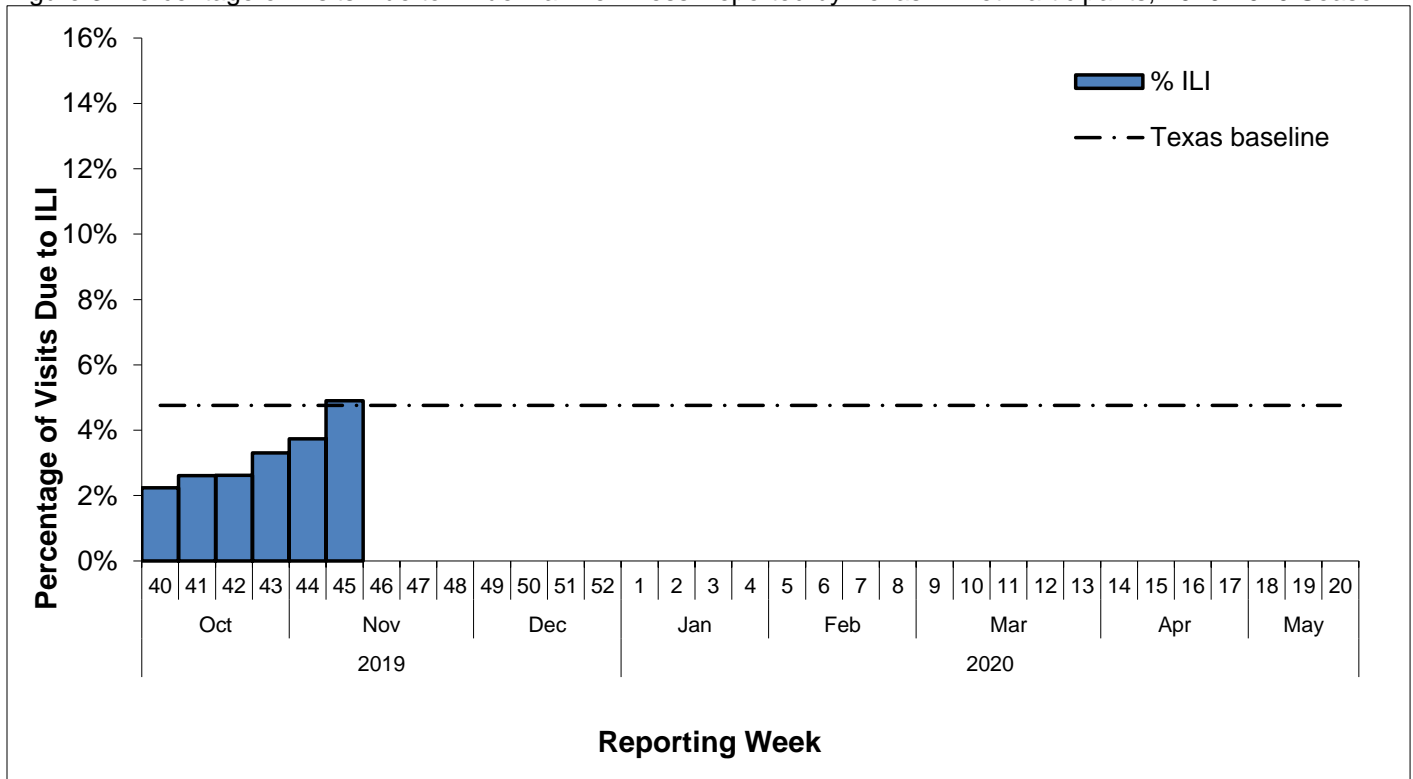
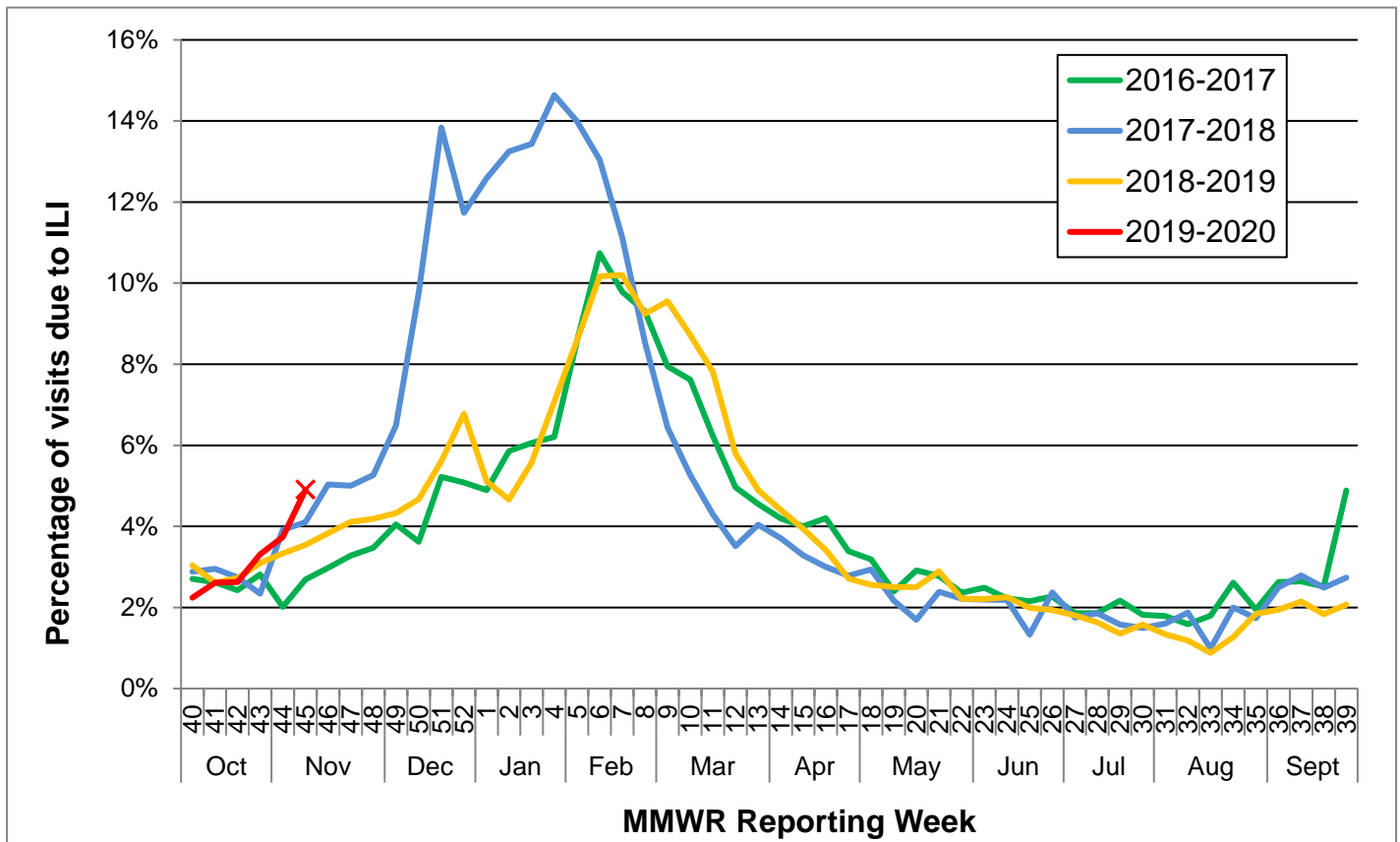


Figure 4: Percentage of Visits Due to Influenza-like Illness Reported by Texas ILINet Participants, 2016–2020 Seasons



### Reports from Health Service Regions

Reports were received from all Health Service Regions (HSRs) during week 45.

Table 8: Influenza Activity Compared to week 44 by Health Service Region (HSR)

Influenza Activity Comparison	Health Service Region (HSR)
Increased	2/3, 4/5N, 6/5S, 7, 8, 9/10, and 11
Same	
Decreased	
Unsure	1

### Variant Influenza Viruses

No variant or novel influenza viruses have been detected in Texas during the 2019-2020 season.

### Institutional Outbreaks and School Closures

One institutional outbreak was reported in week 45.

One outbreak was reported at an immigration detention center in HSR 2/3 with 19 detainees and 5 staff experiencing ILI symptoms. 17 detainees tested influenza B positive by rapid antigen test and 2 detainees tested influenza A positive by rapid antigen test. Infection control measures included cohorting exposed individuals, isolating symptomatic individuals, serving meals in dorms, ILI screening for new intakes, and daily health evaluations of exposed individuals.

## P&I Mortality Surveillance Data

Pneumonia and influenza (P&I) death data are obtained from death certificates of Texas residents whose underlying or contributing cause(s) of death is reported as pneumonia or influenza. P&I deaths are identified based on ICD-10 multiple cause of death codes. In particular, P&I deaths are based on ICD-10 pneumonia and influenza mortality codes.

No P&I deaths have been reported in Texas during the 2019-2020 influenza season.

## Influenza-Associated Pediatric Mortality

One influenza-associated pediatric death was reported during week 45 in a 5-year-old resident of HSR 11 with no underlying health conditions. A specimen collected from the child was positive for influenza A by PCR. The child was not vaccinated for the current season.

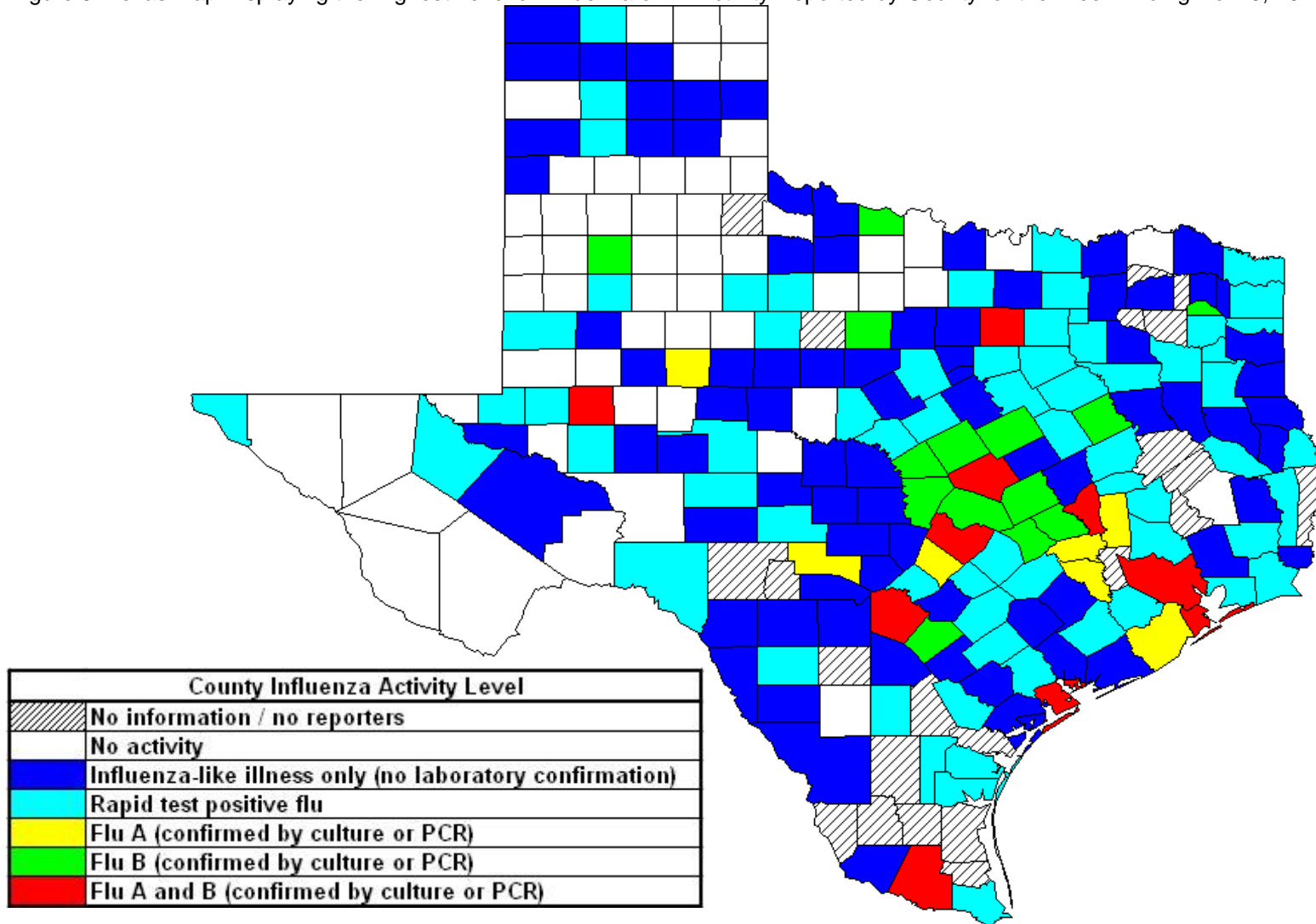
This is the first influenza-associated pediatric mortality reported in Texas during the 2019-2020 influenza season. Cases of influenza-associated pediatric mortality (children <18 years of age) are reportable year-round by law in Texas.

Table 9: Influenza-Associated Pediatric Deaths Reported in Texas during the 2019-2020 Season

Month of Pediatric Death	Influenza A (H1N1)	Influenza A (H3N2)	Influenza A (Not Subtyped)	Influenza B	Influenza, Not Typed / Not Differentiated	Influenza virus co-infection: A (not subtyped) and B	Total, All Influenza Types / Subtypes
<b>2019</b>							
October	0	0	0	0	0	0	0
November	1	0	0	0	0	0	1
<b>Total</b>	<b>1</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>1</b>

## Statewide Influenza Activity Map

Figure 5: Texas Map Displaying the Highest Level of Influenza or ILI Activity Reported by County for the Week Ending Nov. 9, 2019 (MMWR Week 45)



Please note: The majority of influenza cases are not reportable by law in Texas. This map contains data from sentinel sites and only displays influenza and ILI cases that were reported to public health. Positive laboratory results are reported according to specimen collection date, or date received in the laboratory if the former is unknown.

# Texas Influenza Surveillance Components and Measures

Activity codes (see <http://www.cdc.gov/flu/weekly/overview.htm>)

Statewide influenza activity level

A code reported weekly by states and territories to CDC indicating the geographic spread of influenza in the state. Levels are no activity, sporadic, local, regional, and widespread.

ILINet Activity Indicator

A statewide level of influenza-like illness intensity (on a scale of 1-10, with 1 being the lowest level) assigned to each state weekly by CDC based on data reported through ILINet.

## Morbidity

Novel/variant influenza

Thorough investigations are performed on all cases of novel/variant influenza. *This condition is reportable by law in Texas.*

Texas ILINet

Providers voluntarily report weekly to CDC's ILINet system on the number of outpatient visits for ILI and total outpatient visits. Providers may submit up to 5 specimens per month for influenza testing. See <http://www.dshs.state.tx.us/idcu/disease/influenza/surveillance/ILINet/> for information on how to become an ILINet provider.

ILI activity

Non-ILINet providers report ILI or influenza data weekly to local or regional health departments.

Outbreaks

Healthcare, schools, childcare, and correctional facilities report ILI and influenza outbreaks to health departments in Texas. *This condition is reportable by law in Texas.*

## Mortality

Pneumonia and Influenza (P&I) Mortality Surveillance

The DSHS Vital Statistics Unit collects death certificate information for all deaths on Texas residents from various partners such as funeral homes and local registrars around the state. The death certificates are then sent to the National Center for Health Statistics (NCHS) where the cause of death and underlying causes of death on the death certificates are coded with ICD-10 mortality codes. Once death certificates are coded, the information is sent back to DSHS Center for Health Statistics (CHS). CHS produces a Weekly Pneumonia and Influenza (P&I) Death Report and sends it to the State Influenza Surveillance Coordinator for inclusion in the Texas Weekly Flu Report. P&I deaths are identified based on ICD-10 multiple cause of death codes, and in particular, pneumonia and influenza mortality codes. Delays inherent in death reporting and coding practices may cause the number of reported P&I deaths to vary considerably each week.

Influenza-associated pediatric deaths

Deaths that are associated with influenza in children < 18 years of age are reported to health departments in Texas. *This condition is reportable by law in Texas.* <http://www.dshs.state.tx.us/idcu/disease/IAPM/>

## Laboratory

DSHS Austin laboratory

Providers voluntarily submit specimens to the DSHS Austin laboratory for influenza PCR testing throughout the season. Providers sign up for this program through their local health departments.

Laboratory Response Network (LRN) laboratories

Providers voluntarily submit specimens to one of the 9 Texas LRNs for influenza PCR testing throughout the season. Providers sign up for this program through their local health departments.

NREVSS

Laboratories voluntarily report influenza and other respiratory virus data weekly through the CDC's online NREVSS reporting system. **Laboratories sign up for this program by contacting DSHS.** <http://www.cdc.gov/surveillance/nrevss/>

## **Recommended Resources**

*Texas Department of State Health Services*

DSHS influenza page: <http://www.texasflu.org/>

Influenza surveillance data and reports: <http://www.dshs.state.tx.us/idcu/disease/influenza/surveillance/>

Map of Texas Health Service Regions: <http://www.dshs.state.tx.us/regions/state.shtm>

*Centers for Disease Control and Prevention*

National FluView weekly flu report: <http://www.cdc.gov/flu/weekly/>

Variant influenza viruses: <http://www.cdc.gov/flu/swineflu/variant.htm>

Avian influenza viruses: <http://www.cdc.gov/flu/avianflu/index.htm>

Swine influenza viruses: <http://www.cdc.gov/flu/swineflu/index.htm>

Infection Control in Healthcare Facilities: <http://www.cdc.gov/flu/professionals/infectioncontrol/>

Seasonal Flu Information for Schools and Childcare Providers: <http://www.cdc.gov/flu/school/index.htm>

*World Health Organization*

Influenza page: <http://www.who.int/topics/influenza/en/>

Disease Outbreak News: <http://www.who.int/csr/don/en/>