

ECI Library Matters

Parents and Their Children Affected by Opioids, Alcohol, and Other Drugs (updated)

This issue features updated library resources on parents and their children affected by opioids, alcohol, and other drugs. Abstracts of journal articles on this ECI topic are also included. For a complete listing of library titles, go to the online library catalog at www.texashealthlibrary.com.

Library materials may be borrowed upon request. Electronic library materials may be accessed on any device with internet access. Please send any access or information requests or questions to avlibrary@dshs.texas.gov.

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Selected Journal Abstracts

Bringing a mentalizing framework to understanding mothers with addiction: The groundbreaking work of Nancy E. Suchman. Slade, A. (2023). *Infant Mental Health Journal*, 44(2), 290-297.

<https://doi.org/10.1002/imhj.22051>

Home visiting programs can provide critical support to mothers in recovery from substance use disorders (SUDs) and young children prenatally exposed to substances. However, families impacted by maternal SUDs may not benefit from traditional child-focused developmental home visiting services as much as families not impacted by SUDs, suggesting the need to adjust service provision for this population. Given the need to implement tailored services within home visiting programs for families impacted by SUDs, we sought to investigate the implementation barriers and facilitators to inform future integration of a relationship-based parenting intervention developed specifically for parents with SUDs (Mothering from the Inside Out) into home visiting programs. We conducted nine interviews and five focus groups with a racially diverse sample (N = 38) of parents and providers delivering services for families affected by SUDs in the USA. Qualitative content analysis yielded three most prominent themes related to separate implementation domains and their associated barriers and facilitators: (1) engagement, (2) training, and (3) sustainability. We concluded that the home visiting setting may mitigate the logistical barriers to access for families affected by SUDs, whereas relationship-based services may mitigate the emotional barriers that parents with SUDs experience when referred to home visiting programs.

Parenting and the opioid epidemic: A systematic scoping review.

Voss, M. W., Barrett, T.S., Campbell, A.J., & Van Komen, A. (2023). *Journal of Child and Family Studies*, 1-14. <https://doi.org/10.1007/s10826-023-02576-2>

As concern about opioid misuse grows, harm reduction has emphasized individualized care (e.g., treatment access) and systemic solutions (e.g., public policy). A gap in the literature exists surrounding opioid impacts that exist between the individual and societal levels of analysis. This literature review examines opioid impact at the family level, specifically as the parent-child dyad, to identify knowledge gaps and explore implications for treatment and policy. A scoping search of the literature in English was

conducted using Cumulative Index to Nursing and Allied Health Literature (CINAHL), PubMed, and PsycINFO. We followed an iterative search approach and tailored terms to refine search results, narrowed to two domains: (1) opioid-related substance use, and (2) family or parent/child dyad. Three rounds of review resulted in 63 articles, analyzed for descriptive content and characteristics, combined with qualitative thematic analysis. Findings include articles disproportionately focused on mothering versus fathering, yet also evidence that opioid-dependent fathers (vs. other substance use) show more impairments in parenting. Other thematic findings discuss how substance use contributes to maladaptive parental behaviors. There is a need for greater emphasis on the impact of opioid use disorder (OUD) on families and children.

Parenting stress and competence among mothers of young children with substance use disorders: The roles of trauma and reflective functioning. Paris, R., Herriott, A.L., & Holt, M. (2023). *Infant Mental Health Journal*, 44(2), 228-239. <https://doi.org/10.1002/imhj.22040>

Posttraumatic stress symptoms are prominent in the lives of parents of young children with substance use disorders (SUD). Parenting experiences, particularly stress and competence, impact parenting behaviors and concomitant child growth and development. Factors that promote positive experiences of parenting, such as parental reflective functioning (PRF), and protect the mother and child from negative outcomes are crucial to understand to develop effective therapeutic interventions. The current US study analyzed baseline data from a parenting intervention evaluation to examine how length of substance misuse, PRF, and trauma symptoms were associated with parenting stress and parenting sense of competence among mothers in treatment for SUDs. Measures included the Addiction Severity Index, PTSD Symptom Scale-Self Report, Parental Reflective Functioning Questionnaire, Parenting Stress Index/Short Form, and Parenting Sense of Competence Scale. The sample included 54 predominantly White mothers with SUDs who had young children. Two multivariate regression analyses found that (1) lower parental reflective functioning and higher posttraumatic stress symptoms were associated with higher parenting stress, and (2) only higher posttraumatic stress symptoms were associated with lower levels of parenting sense of competence. Findings underscore the importance of addressing trauma symptoms and PRF when aiming to improve parenting experiences for women with an SUD.

Parental substance use and home visiting programs: Implementation considerations for relationship-based treatment. Lowell, A.F., Suchman, N.E., Byatt, N., Feinberg, E., Friedmann, P.D., & Peacock-Chambers, E. (2023). *Infant Mental Health Journal*, 44(2), 166-183. <https://doi.org/10.1002/imhj.22041>

Home visiting programs can provide critical support to mothers in recovery from substance use disorders (SUDs) and young children prenatally exposed to substances. However, families impacted by maternal SUDs may not benefit from traditional child-focused developmental home visiting services as much as families not impacted by SUDs, suggesting the need to adjust service provision for this population. Given the need to implement tailored services within home visiting programs for families impacted by SUDs, we sought to investigate the implementation barriers and facilitators to inform future integration of a relationship-based parenting intervention developed specifically for parents with SUDs (Mothering from the Inside Out) into home visiting programs. We conducted nine interviews and five focus groups with a racially diverse sample (N = 38) of parents and providers delivering services for families affected by SUDs in the USA. Qualitative content analysis yielded three most prominent themes related to separate implementation domains and their associated barriers and facilitators: (1) engagement, (2) training, and (3) sustainability. We concluded that the home visiting setting may mitigate the logistical barriers to access for families affected by SUDs, whereas relationship-based services may mitigate the emotional barriers that parents with SUDs experience when referred to home visiting programs.

Trauma-informed care: The professional development needs of early childhood special education teachers. Chudzik, M., Corr, C., & Fisher, K.W. (2023). *Journal of Early Intervention*, 105381512311648. <https://doi.org/10.1177/10538151231164898>

It has been well documented that experiencing trauma impacts all aspects of child development. Young children experience trauma at high rates, and children with disabilities are at an increased risk of experiencing trauma. One way to mitigate the effects of trauma is through the implementation of trauma-informed care, which requires a well-trained workforce. Yet, to date, minimal research has been conducted about the professional development needs of early childhood special education (ECSE) teachers related to

trauma. The purpose of this qualitative study was to understand ECSE teachers' professional development needs related to trauma and trauma-informed care. Eighteen ECSE teachers participated in interviews. Results indicate that while ECSE teachers are familiar with the basics of trauma-informed care, more training is needed, specifically in the areas of working with families, implementing trauma-informed classroom strategies, and supporting children with disabilities who have experienced trauma.

To request full-text copies of journal articles highlighted in the abstracts, please email the librarian at avlibrary@dshs.texas.gov.

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Swanson, L., Menon, M., Minogue, A., Russell, R., & Berns, S.

The relationship between emotional regulation skills and the adaptability to the classes of children: The regulatory role of social interaction practices by the teacher. p. 110-129. Soydan, S.B.

Project ECHO: Supporting parents of children with disabilities using an online, telementoring service delivery model. p. 130-146. Bateman, K.J., Schwartz, I.S., & Grimm, R.

Compassionate care within early intervention caregiver coaching: "They won't care what you know until they know that you care." p. 147-163.

D'Agostino, S.R., Douglas, S.N., & Meadan, H.

Building better bridges: Perceptions of transition from early intervention programs to preschool from culturally and linguistically diverse parents,

early interventionists, and preschool special educators. p. 164-174.

Chang, Y., Hunt, N., & Dodds, R.

Zero to Three Journal. Volume 43, Issue 3; March 2023.

The early childhood workforce across disciplines: Incorporating experiences from health, child welfare, and education to build a sustainable workforce.

p. 5-13. Carolan, M.E. & Fishel, A.P.

Promoting access and equity through experiential learning: Using competency-based coaching and mentoring experiences as a transformative tool. p. 14-22. Dietz, E.G., Erikson Institute, & Ernst, J.D.

PERSPECTIVES: Breaking new ground Maine's efforts to support the early childhood education workforce. p. 23-25. Gutierrez, B., Landry, T.A., & Hicks, A.

Culturally responsive peer support groups during COVID-19 for the Spanish-speaking early childhood education workforce. p. 26-32.

McKeating, E., Mulcahy, K., Andrade, G., & Catalano, C.G.

Diversity-informed reflective consultation and radical healing: A new paradigm for infant and early childhood mental health providers serving immigrant families. p. 33-53. Noroña, C.R., Raskin, E., Flores, E., Fernández-Pastrana, I., Anderson, S., & Saulnier, M.

PERSPECTIVES: Work in progress intentional pursuit of early childhood education excellence. p. 54-61. LeMoine, S., Harrill, M., & Eubanks, S.

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ZERO TO THREE Competencies for prenatal to age 5 professionals: Understanding the P-5 competency domains p. 4.

In Memoriam: Lynn Straus p. 62.

New Audiovisuals

Addiction. [Streaming](#). 53 min. 2018.

As the deadliest drug epidemic in American history rages, follow the cutting-edge work of doctors and scientists as they explore how addiction affects the brain and how we should address our opioid crisis.

Addiction, Trauma & Adverse Childhood Experiences (ACEs). DVD. 316 min. 2016. (DD0852)

In this video, you will learn key insights regarding the neuroscience of addiction from the Adverse Childhood Experiences (ACE) Study, one of the largest investigations of childhood abuse and neglect, and of the impact of ACEs on later-life health and well-being. You will understand the important assessment and treatment implications from neuroscience that show us addiction is experience dependent, not substance dependent.

Among the many: Wisdom, companionship, and hope for those who have lost a loved one to drug overdose. DVD. 50 min. 2019. (DV1425)

There are thousands of families affected by the drug epidemic. Drug addiction is a disease that leaves many devastating losses in its wake. The program examines the families left behind and the resources that assist with these losses.

New Books

Counseling at the beginning: Interventions and issues in infancy and early childhood. 2020. (WM 420 C855 2020 ECI)

This book provides practice-based guidance for counselors who serve the mental health needs of very young children and their families. It discusses topics such as brain development, self-regulation, prenatal alcohol and drug exposure, trauma, and toxic stress as it prepares providers to meet the needs of this growing area of practice. Concrete information about how and when to intervene, written by experts working in the field, is accompanied by lists of resources for further learning at the end of each chapter.

Medications and mothers' milk 2023, 20th ed. 2022. Thomas Wright Hale, 2022. (WS 125 H161 2022 ECI)

This reference contains current, complete, and evidence-based information available on the transmission of maternal drugs into human milk. It addresses one of the most commonly asked questions by breastfeeding mothers—which drugs are safe, and which are hazardous for the infant? The new twentieth edition adds 72 new drugs, updates 356 medications with new data, and adds new information to 927 drugs.

New eBooks

Child abuse: Medical diagnosis and management, 4th ed. 2020.

Antoinette Laskey, 2020.

Thoroughly revised and expanded, the fourth edition of this book offers a practical, objective, evidence-based guide to the medical diagnosis and management of child abuse. Written and edited by a vast array of the world's leading experts on child abuse and neglect, this indispensable resource clearly explains the signs, symptoms, and injuries of a child who has been abused; techniques for taking the medical history and examining children who may have been abused; and guidance on medicolegal principles. It features hundreds of photographs and illustrations and a wealth of diagnostic, radiographic, and management information.

Selected Audiovisuals

7 steps to reduce the risks of SIDS. DVD. 15 min. 2013. (DV0853)

Being with infants: Pt 2. DVD. 120 min. 2019. (DD0836)

Confident parenting in recovery. [Streaming](#). 93 min. 2016.

Domestic violence and substance abuse: The abusers. DVD. 29 min. 2012. (DV1089)

Safe babies court teams: Building strong families and healthy communities. DVD. 55 min. 2012. (DD0681)

Stories from our hearts: Maternal mental health abuse and domestic violence. DVD. 17 min. 2011. (DD0806)

Stories from our hearts: Teen parenting and grandparent custody. DVD. 17 min. 2011. (DD0805)

Understanding grandparenting. DVD. 36 min. 2018. (DD0835)

Understanding the opioid epidemic. [Streaming](#). 53 min. 2018.

Selected Books

Building blocks for teaching preschoolers with special needs, 3rd ed. Susan Sandall, 2019. (LC 4019.3 S213b 2019 ECI)

Celebrating 50 years of child development research: Past, present, and future perspectives. 2019. (WS 103 C392 2019 ECI)

Don't hit my Mommy: A manual for child-parent psychotherapy with young children exposed to violence and other trauma. Alicia F. Lieberman, 2015. (WS 350.6 L716d 2015 ECI)

Effective early intervention: The developmental approach. Michael J. Guralnik, 2019. (LC 4019.3 G978e 2019 ECI)

Ghosts from the nursery: Tracing the roots of violence. Robin Karr- Morse, 2013. (WA 320 K18g 2013 ECI)

Handbook of infant mental health. Charles H. Zeanah, 2019. (WS 350 Z41h 2019 ECI)

Maternal mental health: A guide for health and social workers. Sally Field, 2018. (WM 55 F453 2018)

Parental psychiatric disorder: Distressed parents and their families. 2015. (WM 140 P228 2015 ECI)

Raising exceptional children: A guide to understanding learning

differences and empowering your child. Marianne Young, 2020.
(LC 4019.3 Y68 2020 ECI)

Research and practice in infant and early childhood mental health.
Cory Shulman, 2016. (WS 105 S562 2016 ECI)

Supporting infants, toddlers, and families impacted by caregiver mental health problems, substance abuse, and trauma: A community action guide. Beth Maschinot, 2012. (271.5 M396 2012 ECI)

Supporting students with special health care needs: Guidelines and procedures for school, 3rd ed. 2014. (WS 107 S959 2014 ECI)

Treating infants and young children impacted by trauma: Interventions that promote healthy development.
Joy D. Osofsky, 2017. (WA 320 OS83 2017 ECI)

Violence and trauma in the lives of children. Volume 1: Overview of exposure. 2018. (WA 320 V795 2018 ECI v.1)

Violence and trauma in the lives of children. Volume 2: Prevention and intervention. 2018. (WA 320 V795 2018 ECI v.2)

Selected eBooks

Fetal alcohol spectrum disorders. Jo Egerton, 2014.
In this publication, academics, professionals, and families from around the world share expertise and insights on fetal alcohol spectrum disorders (FASD). Their combined interdisciplinary perspective makes an invaluable contribution to how we understand and address the complex social, educational, and health needs associated with this growing group of children and young people.

A guidance guide for early childhood leaders: Strengthening relationship with children, families, and colleagues. Daniel Gartrell, 2020.

This book explores secure relationships as the foundation for guidance and how to build them with children, families, and colleagues. It gives examples of how children's mistaken behavior (not misbehavior) can play out in the classroom and provides strategies on how early childhood professionals can help others to gain the emotional health they need to be socially responsive, and then support the social skills they need to build relationships and solve problems cooperatively

Guidance for every child: Teaching young children to manage conflict. Dan Gartrell, 2017.

Tying together the theory and practice of child guidance and behavior in clear and accessible ways, this book provides educators and caregivers actionable best practices to teach healthy emotional and social development to children affected by drugs. Using contemporary brain research, vignettes, and discussion questions, this book gives you the tools and strategies to reduce the increasing expulsion rate in early childhood, understand how stress affects children's self-regulation, and help even the most at-risk children thrive.

Opioid addiction. 2018.

This collection of articles from the American Academy of Pediatrics focuses on the manifestations of the opioid epidemic in children. It discusses topics like the increased rate of neonatal abstinence syndrome (NAS) among others.

Parenting and substance abuse: Developmental approaches to intervention. Linda C. Mayes, 2014.

This book reports on pioneering efforts to move the treatment of substance-abusing parents forward by embracing their roles and experiences as mothers and fathers directly and continually across the course of treatment.

Selected Websites

Centers for Disease Control and Prevention: Fetal Alcohol Spectrum Disorders provides information on the basics of FASDs; cause and prevention; signs and symptoms; FASD diagnoses; areas evaluated for

FASD diagnoses; treatment; ways to get help; and references.

Available in Spanish [here](#).

Centers for Disease Control and Prevention: Opioids During Pregnancy provides information on the CDC's work on opioid use during pregnancy; treatments before, during, and after pregnancy; data and statistics; articles and key findings; and resources on opioids use during pregnancy. Available in Spanish [here](#).

Intervening Early: Substance Use Disorders During Pregnancy: Use the Office of Head Start (OHS) information to explore substance use disorders among pregnant women. Learn talking points to use during a home visit and find resources to support the expectant family. Available in Spanish [here](#).

National Institute on Alcohol Abuse and Alcoholism (NIAAA): Fetal Alcohol Exposure provides information and resources on the dangers of fetal alcohol exposure, Fetal Alcohol Spectrum Disorders (FASD), FASD-related problems, relevant clinical diagnoses, risk factors, and interventions. Available in Spanish [here](#).

FASD United works to prevent prenatal exposure to alcohol, drugs and other substances known to harm fetal development by raising awareness and supporting women before and during their pregnancy. It supports individuals, families, and communities living with fetal alcohol spectrum disorders (FASDs) and other preventable intellectual and developmental disabilities. It shares resources on FASD, trainings, news, programs, and partnerships.

Office of Disability Prevention for Children (ODPC) focuses on preventing disabilities in children from the time of conception to the age of 12, including preventing disabilities caused by prenatal alcohol " or substance exposure.

Prescription Opioids during Pregnancy from Medline Plus provides a collection of full-text links from reliable sources compiled by the National Library of Medicine on the use of prescription opioids during pregnancy. Available in Spanish [here](#).

U.S. Drug Enforcement Administration: Accidental Exposure: Drugs and Young Children is a U.S. Drug Enforcement Administration (DEA) resource for parents, educators, and caregivers focusing on the accidental exposure of drugs and young children. Available in Spanish [here](#).

Useful Library Information

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