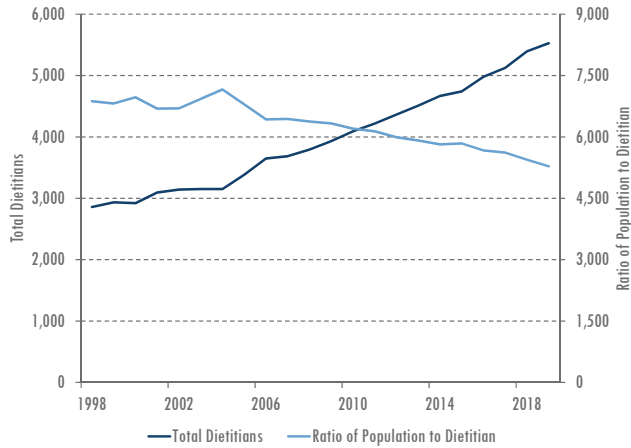




Dietitians

2019

Dietitian Growth Trends



In 2019, there were 5,527 actively licensed dietitians providing care in Texas.

- This number represented a 18.4% increase since 2014 and a 40.6% increase since 2009.
- Relative to population growth, the size of the dietitian workforce has improved by 16.5% over the past 10 years.

Despite these improvements, Texas still had fewer dietitians than the national average.

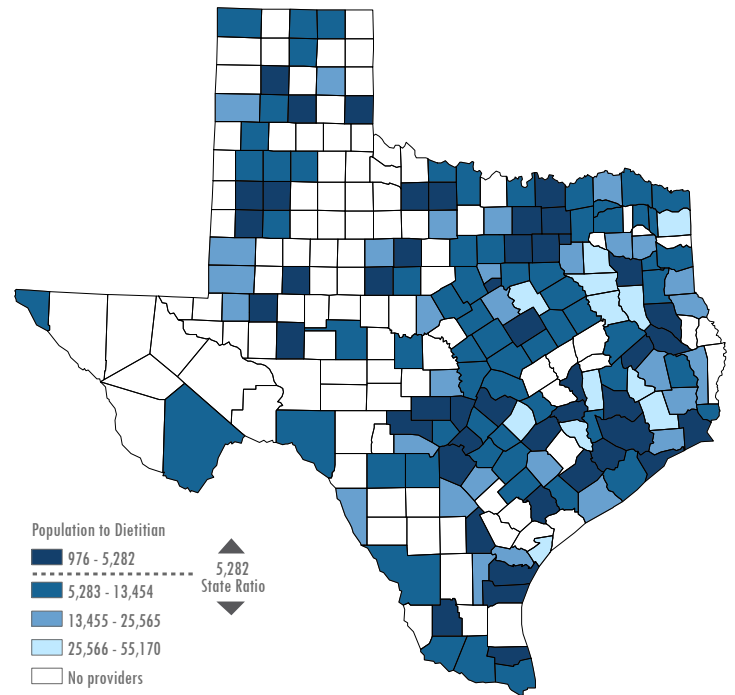
Age Distribution of Dietitians

Age Group	Number	Percent
≤30	1,244	22.5%
31-35	983	17.8%
36-40	711	12.9%
41-45	570	10.3%
46-50	479	8.7%
51-55	358	6.5%
56-60	380	6.9%
61-65	430	7.8%
>65	372	6.7%
Total	5,527	100.0%

Within 10 years, 27.9% of the current Texas dietitian workforce will be at or past retirement age.

- 6.7% of active dietitians in Texas were older than 65 years of age in 2019.
- 53.2% were 40 years of age or younger.

Ratio of Texas Population to Dietitian by County



Geographic Designation	Ratio of Population to Dietitian
Metropolitan	4,986
Non-metropolitan	10,528
Border	7,316
Non-border	5,130
Texas	5,282

Dietitians were not evenly distributed throughout the state.

- There was a 71.4% difference between the number of dietitians in metropolitan and non-metropolitan areas even after controlling for population differences.
- Between border and non-border areas, the percent difference was 35.1%.

