

# DSHS GRAND ROUNDS

## Diabetes and Your Eyes: Understanding the Connection

### Mary Kate Walters, OD, FAAO

In this informative session, we delve into the relationship between diabetes and eye health. Diabetes, a widespread microvascular disorder, is the leading cause of blindness in adults aged 20 - 74. Through this lecture, we explore the various ways diabetes impacts vision and eye health. We'll discuss the underlying mechanisms, risk factors, and preventive measures to safeguard eye health in individuals with diabetes. By understanding the link between diabetes and eye health, we can be better equipped to support ourselves, family members, friends and/or patients managing this chronic condition. Join us as we shed light on this crucial aspect of diabetes management in the DSHS Grand Rounds.

#### WHEN

Wednesday, November 13, 2024  
11:00am – 12:30pm

#### WHERE

GoToWebinar

#### Objectives:

- Describe the importance of comprehensive eye examinations for individuals with diabetes
- Recognize the impact of diabetes on the eye
- Describe the significance of early detection and timely intervention in managing diabetic eye complications to minimize vision loss and improve long-term outcomes for patients with diabetes

#### 1.50 Continuing Education Credits/Contact Hours for the following:

AMA PRA Category 1 Credits™

Nursing Continuing Professional Development

Certified Health Education Specialists

Certified in Public Health

Licensed Marriage & Family Therapists

Licensed Professional Counselors

Licensed Psychologists

Social Workers



TEXAS  
Health and Human  
Services

Texas Department of State  
Health Services

Visit Grand Rounds Continuing Education for accreditation information.

[dshs.Texas.gov/grandrounds](https://dshs.Texas.gov/grandrounds)