

# Texas School Health Advisory Committee (TSHAC)

Monday, September 25, 2023

10:00 a.m.

## **APPROVED Meeting Minutes – V.2**

Virtual: Teams Meeting Platform

In Person Meeting Site:

Texas Department of State Health Services (DSHS)

Robert D. Moreton Building

Room M-100, First Floor

1100 W 49th St

Austin, TX 78756

## **Agenda Item 1: Welcome/Call to order/ of members and staff**

Mr. Eduardo Rios, Chair, called the Texas School Health Advisory Committee (TSHAC) meeting to order at 10:01 a.m.

Mr. Rios welcomed committee members and members of the public and turned it over to Ms. Jacqueline Thompson, Advisory Committee Coordination Office (ACCO), Health and Human Services Commission (HHSC). Ms. Thompson read the logistical announcements and stated the meeting was being conducted in accordance with the Texas Open Meetings Act. Ms. Jacqueline Thompson conducted the member roll call and announced the presence of quorum.

### **Table 1: The Texas School Health Advisory Committee member attendance at the Monday, September 25, 2023 meeting.**

Member name	Attended	Member name	Attended
RJ Alvarado, MA	Y	Michael Mosley	Y
Nydia Cabra, MEd, ATC, LAT	Y	Michelle Nelson, MHA	N
John Carollo, MS	Y	Dianna Pierson, MPH, BSN, RN	N
Carlette Drabek	Y	Eduardo Rios, Chair	Y
Barney Fudge	Y	Maria Rivera, MD, MPH	N
Julie Gardner, PhD, CHES	N	Karen Schwind, BSN, RN	Y
Bena Glasscock, LPC, Vice-Chair	Y	Pete Silvius, MS	Y
Shannon Hoffman, MPAff, MSW, LCDC	Y	Zehra Surani, PhD	N
Michael Kelly, PhD	Y	Sharon Vigil, MEd	N
Li-Yu Mitchell, MD, MHS	Y		

## Agenda Item 2: Welcome new TSHAC members

Mr. Eduardo Rios, Chair, recognized Ms. Raiza Ruiz, Community Health Worker and School Health Branch Manager, to introduce DSHS staff. She asked DSHS staff to introduce themselves.

Mr. Eduardo Rios, Chair, invited each committee member to briefly introduce themselves, including two new members, Ms. RJ Alvarado and Ms. Carlette Drabek.

## Agenda Item 3: Consideration of February 27, 2023, draft meeting minutes

Mr. Eduardo Rios, Chair, referred members to the draft minutes emailed by the program liaison and called for any edits. Hearing none, Mr. Rios called for a motion to approve the minutes of the February 27, 2023, meeting.

**Motion:** Dr. Michael Kelly moved to approve the minutes as presented from the February 27, 2023, meeting. Ms. Karen Schwind seconded the motion. Following a roll call vote, the motion passed by a majority vote with Eleven (11) Approve (Alvarado, Drabek, Fudge, Glasscock, Hoffman, Kelly, Mitchell, Mosley, Rios, Schwind, Silvius), Zero (0) Disapprove, and Zero (0) Abstentions.

## **Agenda Item 4: Updates from subcommittees on progress of document revisions and information resources**

Mr. Eduardo Rios, Chair, introduced this agenda item and called on members of each subcommittee to provide updates.

Ms. Karen Schwind presented the Opioid Addiction and Abuse Education subcommittee's progress on the Opioid Prevention Resources document. This subcommittee is planning to present it to the TSHAC at the next meeting.

Mr. Pete Silvius presented the Recommendations and Research on Physical Education subcommittee is working towards a final draft and expects to present it at the next meeting.

Activity: Impact on Academic Performance to share at the next TSHAC meeting with the full committee.

Dr. Li-Yu Mitchell presented the Health Education subcommittee has revised the Health Education for All Texas Students document and are waiting for further action from DSHS. Ms. Raiza Ruiz, Community Health Worker and School Health Branch Manager, stated the document is moving through the review process at DSHS and the DSHS team expects it back fully approved very soon.

## **Agenda Item 5: Workgroup assignments for document and resource updates**

Mr. Eduardo Rios, Chair, provided updates to the TSHAC Document Revision Schedule and called for volunteers to lead subcommittees.

Ms. RJ Alvarado volunteered to lead the review on School Health Services Staff Roles. Ms. Karen Schwind and Ms. Bena Glasscock volunteered to assist Ms. Alvarado on this project.

Mr. Pete Silvius volunteered to lead the review on Sample Resolution on Recess for Elementary School Students. Ms. Karen Schwind and Mr. Eduardo Rios volunteered to assist Mr. Silvius on this project.

Ms. Carlette Drabek volunteered to lead the review on School Health Initiative Screening Tool and Cover Letter. Ms. RJ Alvarado and Mr. Eduardo Rios volunteered to assist Ms. Drabek on this project.

Ms. Karen Schwind volunteered to lead the review on Coordinated School Health Resource Datasets. Ms. Carlette Drabek and Mr. Pete Silvius volunteered to assist Ms. Drabek on this project.

## **Agenda Item 6: Update from the Texas Education Agency, Texas Department of Agriculture, and the Department of State Health Services (DSHS)**

Mr. Eduardo Rios, Chair, recognized Mr. Barney Fudge to provide an update from the Texas Education Agency. Highlights of the update included:

- Mr. Fudge briefly shared updates from the 88<sup>th</sup> legislative session (House Bill 1002, House Bill 3144, House Bill 3908, Senate Bill 294, Senate Bill 629, Senate Bill 1506).
  - Mr. Fudge shared House Bill 1002 amends TEC §38.154 to permit school districts and charter schools to include chiropractors and physical therapists as members of the concussion oversight team, if they meet the training requirements at the time of appointment or approval as a member of the team.
  - Mr. Fudge shared House Bill 3144 adds new Government Code §662.116 establishing October as Fentanyl Poisoning Awareness Month and permits Fentanyl Poisoning Awareness Month to be regularly observed through appropriate activities in communities to increase awareness of the dangers of fentanyl and potential overdoses.
  - Mr. Fudge shared House Bill 3908 amends TEC §28.0049(c)(7) by adding appropriate grade levels and curriculum for instruction regarding the dangers of opioids, including instruction on opioid addiction and abuse, including addiction to and abuse of synthetic opioids such as fentanyl. Additionally, House Bill 3908 adds new TEC §38.040 requiring each school district to annually provide research-based instruction related to fentanyl abuse prevention and drug poisoning awareness to students in grades 6 through 12.
  - Mr. Fudge shared Senate Bill 294 amends Subchapter E, Chapter 38, Maintenance and Administration of Epinephrine Auto-Injectors and Medication for Respiratory Distress. This adds the review of the administration of medication for respiratory distress to the duties of the advisory committee established by the commissioner of state health services and permits districts and open-enrollment charters to adopt a policy regarding the maintenance, administration, and disposal of medication for respiratory distress. A standing order is required for administration of an epinephrine auto-injector or medication for respiratory distress to contain the quantity and types of medication for

respiratory distress. If a policy is implemented, schools are to provide written notice of the policy to a parent or guardian of each student enrolled in the district or school prior to the implementation of the policy before the start of the school year. Each school district, open-enrollment charter school, and private school that adopts a policy regarding the maintenance, administration, and disposal of medication for respiratory distress is responsible for training school personnel and school volunteers in the administration of medication for respiratory distress. No later than the 10th business day after administering medication to a person experiencing respiratory distress the school must submit a report.

- Mr. Fudge shared Senate Bill 629 adds new Subchapter E-1, Chapter 38, Maintenance, Administration, and Disposal of Opioid Antagonists. He stated each school district must adopt and implement a policy regarding the maintenance, administration, and disposal of opioid antagonists at each campus in the district that serves students in grades 6 through 12. Districts may adopt and implement such a policy at each campus in the district, including campuses serving students in a grade level below grade 6. An open-enrollment charter school or private school may adopt and implement a policy regarding the maintenance, administration, and disposal of opioid antagonists. If a school adopts a policy, the school is permitted to apply the policy only at campuses serving students in grades 6 through 12 or at each campus, including campuses serving students in a grade level below grade 6. The executive commissioner of the Health and Human Services Commission must, in consultation with the commissioner of education, adopt rules regarding the maintenance, administration, and disposal of opioid antagonists at a school campus subject to a policy. Schools with a policy on the administration of opioid antagonists must be required to report certain information no later than the 10th business day after the date a school personnel member or a school volunteer administers an opioid antagonist. Each school district, open-enrollment charter school, and private school that adopts a policy regarding the maintenance, administration, and disposal of opioid antagonists is responsible for training school personnel and school volunteers in the administration of an opioid antagonist. Training must be provided in a formal training session or through online education and each school district, open-enrollment charter school, or private school that adopts a policy must maintain records of the training. A physician or person who has been delegated prescriptive authority may prescribe opioid antagonists in the name of a school district, charter school, or private school. A physician or other person who prescribes opioid antagonists must provide a district or school with a standing order for administration of an opioid antagonist to a person

reasonably believed to be experiencing an opioid-related drug overdose. A pharmacist is permitted to dispense an opioid antagonist to a school district, charter school, or private school without requiring the name or any other identifying information relating to the user.

- Mr. Fudge shared SB 1506 amends TEC §38.032 requiring TEA to adopt and post on the agency's website, no later than December 1, 2023, a form to be used in submitting a seizure management and treatment plan that includes a specific list of information and the signatures of the student's parent or guardian and the physician responsible for the student's seizure treatment. This change in law only applies to a seizure management and treatment plan submitted to a school district on or after January 1, 2024.
- Mr. Fudge shared TEA is in an agreement with Green Light Fitness to provide a state-wide site license for the Fitness Gram at no-cost for qualifying schools for the 2023-2024 School Year.
- Mr. Fudge shared an update on the School Health Survey. The data for the 2023-2024 School Year will be due on May 24, 2024. TEA is still working on processing data from the 2022-2023 academic year. Once the data is available, it will be posted on the Coordinated School Health Page on the main TEA website. The 2021-2022 Report on Physical Education is also posted on the same webpage.
- Mr. Fudge shared the FAQ documents for School Health Advisory Councils have been updated and are on the TEA Health Education webpage. The FAQ documents for Physical Education has been updated and can be viewed on the Physical Education webpage.
- Ms. Bena Glasscock asked if there is a one-page with all the legislation. Mr. Fudge shared the information would be in the agency's Briefing Book on all legislation that was signed into law for the 88<sup>th</sup> Texas Legislature. He stated he does not know when the book will be available or when it's going to be posted online. He will update the committee when the resource is available.
- Ms. Karen Schwind asked if Mr. Fudge could share the information presented during this meeting. Ms. Raiza Ruiz stated a summary of the information will be in the meeting minutes.

Mr. Rios recognized Mr. Michael Mosley to provide an update from the Texas Department of Agriculture. Mr. Mosley shared there are no updates at this time.

Mr. Rios recognized Ms. Raiza Ruiz, Community Health Worker and School Health Branch Manager, to provide an update from the Texas Department of State Health Services. Highlights of the update and member discussion included:

- Ms. Ruiz shared DSHS has a full staffed School Health Team and shared team members and member responsibilities. Ms. Ruiz stated that starting at the next committee meeting, Ms. Dianna Pierson will serve as the DSHS representative.
- Ms. Ruiz shared the School Health Program (SHP) applies the Whole School, Whole Community, Whole Child Model to promote health and prevent chronic disease in schools and beyond and provided an overview of the SHP functions and activities.
- Ms. Ruiz shared the new CDC cooperative agreement the School Health Program was awarded and are currently in the early implementation stages of the work plan.
- Ms. RJ Alvarado asked about the timeframe for moving upwards from region 1 to region 2 and region 3. Ms. Ruiz stated the DSHS SHP will be providing technical assistance and professional development to the entire state. Year 1 and Year 2 funding will focus on that school district, but after that will be determined based on resources available.
- Ms. Karen Schwind commented on the map showing counties that do not have nurses is similar to the map presented with the CDC awarding school-based interventions. She also mentioned being concerned that Professional School Nurse Guidance and Nursing Practice Resources have been discontinued. Ms. Ruiz clarified stating the DSHS SHP is still continuing to provide Professional School Nursing Guidance and Nursing Practice Resources through the SHP Nurse Consultant. Some of the activities that are more clinical in nature that are not within the DSHS SHP scope will not continue.

## **Agenda Item 7: Open discussion on current topics and trends in school health**

Mr. Eduardo Rios, Chair, led the discussion on current topics and trends in school health. Highlights of member discussion included:

- Ms. RJ Alvarado shared in South Texas there is a lack of social workers and psychologists available for mental health services through the school system. They are currently using online psychological services. She stated the resources are limited where they are at, and believes they are limited in other areas of the state. Ms. Alvarado asked for the committee's expertise as to how the state committee addresses those issues.

## **Agenda Item 8: Future TSHAC agenda topics and priorities**

Mr. Eduardo Rios, Chair, led the discussion regarding future TSHAC agenda topics and priorities. Highlights of member discussion included:

- Dr. Li-Yu Mitchell proposed potential collaboration with the Texas Medical Association (TMA) and/or Texas Association of Family Physicians (TAFP). Dr. Mitchell states the are doctors who are interested in helping out our students. She could have a speaker from TMA or TAFP to talk about what they do and how they want to help.

## **Agenda Item 9: Scheduling the next TSHAC meeting and future meeting dates**

Mr. Eduardo Rios, Chair, announced the next TSHAC meeting will be in February 2024. Ms. Jacqueline Thompson, ACCO, HHSC, reminded members if they wish to make suggestions about the date, ACCO will need to confirm them for availability. Ms. Karen Schwind suggested February 12 or 19. Mr. Rios stated DSHS will go through all the clearing and check if those dates are available and if there are any changes members will be notified via email.

Mr. Rios, announced the committee will take a 15-minute break at 11:23 a.m.

## **Agenda Item 10: Public comment**

Mr. Eduardo Rios, Chair, called the TSHAC meeting back to order at 11:38 a.m. Ms. Jacqueline Thompson, ACCO, HHSC, conducted the member roll call and announced the presence of quorum.

Ms. Thompson read the public comment announcement and coordinated with the ACCO production team requests from stakeholders who registered or were on-site to provide public comment.

### **Oral public comment –**

- **Ms. Eleanor Ewing, High School Student at Austin High School**  
Ms. Ewing shared her efforts to assist school districts in stocking epinephrine auto-injectors. She asked the committee to consider how to make it easier for schools to take advantage of the Free Epi Pens 4 Schools program and if the committee could step in to provide some state-wide resources to write these prescriptions.



Mr. Eduardo Rios, Chair, added this item to the next TSHAC meeting to investigate ways to provide guidance for districts to take advantage of the program from a state-wide level.

## **Agenda Item 11: Adjournment**

- Mr. Eduardo Rios, Chair, thanked committee members and members of the public for their attendance, and adjourned the meeting at 11:47 a.m.

Below is the link to the archived video recording of the September 25, 2023, Texas School Health Advisory Committee meeting to view and listen for approximately, two years from date meeting is posted in accordance with the HHSC records retention schedule.

[Texas School Health Advisory Committee](#)