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New Youth Vaping Brochures Available!

The Texas Department of State Health Services (DSHS) Tobacco Prevention and Control Branch created brochures and fact sheets to educate Texas youth and young adults about the dangers of vaping and provide resources to help youth and young adults quit vaping.

The fact sheets are available to download on the [Tobacco Prevention and Control website](#). Order brochures from the [HHSC Warehouse](#).



Community Health Workers Training

The National Community Health Worker (CHW) Training Center will be delivering a series on Tobacco Cessation from May 16, 2022 – May 21, 2022. The series is DSHS-certified and will include four hours of continuing education units (CEUs) for both CHWs and Community Health Worker Instructors (CHWIs). These trainings will be conducted via Zoom and are FREE of cost! [Register here](#). Follow them on social media (Facebook, Instagram and LinkedIn) by searching “NCHWTC” or check them out on their website (<https://nchwtc.tamhsc.edu/>) for updates on these upcoming and future trainings!

Events/Health Observances

Click on the dates below to access more information about the event or observance, if available.

April

APR	National Cancer Control Month
APR	Oral Cancer Awareness Month
APR 1	Texas Tobacco-Free Kids Day
APR 7	World Health Day

May

MAY	Mental Health Awareness Month
MAY	Nat'l Asthma & Allergy Awareness Month
May 9-15	National Women's Health Week



Want to Be a TYTAP Instructor?

The next Texas Youth Tobacco Awareness Program (TYTAP) instructor class will be held April 20-22, 2022 at the Texas A&M University Health Science Center at 3950 N. AW Grimes Blvd., Round Rock. TYTAP provides awareness classes for minors giving them the information and skills necessary to quit using tobacco and avoid using tobacco products in the future. To attend a TYTAP course and be considered for the class, [complete the application](#) and submit it to Tobacco.Free@dshs.texas.gov.



June



[Click here to learn the latest on COVID-19.](#)



SayWhat! Annual Conference

The Say What! Conference is being held in Austin July 26-July 29 and offers a variety of opportunities for youth groups working on tobacco-free policies, tobacco prevention related issues, and other projects in their school or community. Both youth and adult participants will attend a variety of breakout sessions from Say What! Teen Ambassadors. Say What! youth groups and experts from diverse fields will discuss a range of youth tobacco prevention and enforcement topics. [Registration](#) is now open.

Group sponsors and other adult participants will be able to attend specialized sessions that focus on youth-adult partnerships, positive youth development, and burnout prevention.

[Scholarship applications](#) to attend the conference for free are available for 6th-12th grade school and community-based youth groups. Scholarships cover the costs associated with conference registration, lodging and all meals and snacks, access to hotel amenities, parking, a conference t-shirt and materials.



National LGBT Cancer Network Launches New Cessation Resource

Outlast Tobacco is a new LGBTQ+ cessation quitline portal designed to provide community-specific motivation and encouragement to LGBTQ+ people who use tobacco products. Research suggests that LGBTQ+ people who use tobacco are less likely to know about or use quitlines. Targeted interventions aimed at increasing LGBTQ+ users' awareness of and engagement with quitlines presents a tangible and cost-effective strategy to address tobacco use disparities within the LGBTQ+ community. With the launch of this new resource, states and community programs are encouraged to utilize content and link to this and promote it as a bridge to increase LGBTQ+ usage of quitlines. For questions please contact Knoll Larkin at Knoll@cancer-network.org

The cessation resource can be found here: [Outlast Tobacco microsite](#).



Tips Campaign Celebrates 10 Years

The Centers for Disease Control and Prevention's (CDC) [Tips From Former Smokers®](#) (Tips®) campaign, now celebrating its 10th anniversary, returned February 28, with new ads encouraging people who smoke to quit. This new round of ads will air on national network and cable television, streaming radio, and online. The campaign will run through September 25, 2022.

New Ads

Tips introduced four new TV ads and four new radio ads. The four TV ads feature [Rebecca C.](#) (in two new TV ads), [Tonya M.](#), and [Michael F.](#) The four radio ads feature [Geri M.](#), Rebecca C., Michael F., and [Asaad M.](#) The radio ad featuring Geri is about her use of menthol cigarettes.

The campaign has had significant and sustained impact over the past decade, helping more than 1 million U.S. adults to quit smoking and inspiring millions more to try to quit. Year after year, the Tips campaign has proven its effectiveness while promoting a range of quit services.



The DOD's YouCanQuit2 is Seeking Tobacco Cessation Services or Programs for Inclusion in Their New Support Locator

YouCanQuit2 is a Defense Department (DOD) educational campaign, aligned to the Defense Health Agency, for the U.S. military. Originally launched in February of 2007, the mission of the campaign is to help Service members quit tobacco—for themselves and their loved ones. YouCanQuit2 is launching a new tool, the YouCanQuit2 Support Locator. The new Support Locator will include tobacco cessation programs or services that are free and available to DOD Service members and/or their family members.

Submit tobacco cessation services or programs that are free and available to DOD Service members and/or their family members for possible inclusion in the new locator using the following link <https://www.ycq2.org/support-locator-submit/>. The YouCanQuit2 program will review submissions on a rolling basis.

For questions on YouCanQuit2, contact Dr. Brandi Alford with the DOD Substance Use Education Campaigns – YouCanQuit2 at brandi.n.alford.ctr@mail.mil.

Email us your content ideas and what you want to see in this newsletter at: Tobacco.Free@dshs.texas.gov.